DISCOVER co-ordinating Centre, Chancellor’s Building

University of Edinburgh

EH16 4SB

[Date]

[Person’s address]

Dear [Firstname] [Secondname],

**Please join the DISCOVER Study**

We are inviting you to take part in this study run by NHS Lothian and the University of Edinburgh. We have permission to contact people who have had brain scans in the NHS. This study is for people who are interested in learning more about their brain health.

**Why You’re Invited**

You’ve been invited because you had a brain scan in NHS Lothian, and you are over 65 years of age. Joining the study is completely voluntary and won’t affect your care in the NHS.

**What Taking Part Involves**

If you decide to join, you will be offered:

* one clinic visit at the hospital (travel costs will be paid for).
* up to three follow-up calls by telephone.
* note - there are no medicines, extra scans, or blood tests involved.

Your involvement could help us understand brain health better. We will use the DISCOVER to design studies of treatments for brain health.

**Are you interested in taking part in this research?**

1. **Yes**: you or a relative/friend can do one of the following:
   1. email [insert email]
   2. [register on the web insert link]
   3. call [insert telephone number]
2. **I’m possibly interested but want to know more**:
   1. Visit  [www.clinical-brain-sciences.ed.ac.uk/discover](http://www.clinical-brain-sciences.ed.ac.uk/discover), which has answers to frequently asked questions
   2. email [insert email]
   3. or call [0131…]
3. **No, I would not like to take part:**

You don’t need to take any further action.

Yours sincerely,

*A close-up of a signature

Description automatically generated* A black line with a curved arrow

Description automatically generated with medium confidence

Dr. Fergus Doubal Prof. William Whiteley

Consultant physician Consultant neurologist

**Information about the DISCOVER Study**

The DISCOVER study is exploring brain health in people aged 65 and over. We're inviting people who have had a brain scan as part of their care in NHS Lothian. We are investigating how best to approach people for new studies in brain health research.

**Why We Need Your Help**

As we age, changes happen in the brain. Most changes don't cause illness or symptoms, but some people can develop problems. We’re looking for ways to prevent these changes and reduce future risk.

**Why You’ve Been Invited**

You are being invited because you have had a brain scan in NHS Lothian. We're asking people to take part who have some brain changes related to ageing and have not had a stroke or dementia to take part.

**What’s Involved If You Take Part:**

1. **Clinic Visit:** You'll meet with a nurse or doctor who will chat with you about your health, test your memory, and record your voice.
2. **Follow-Up Calls:** We’ll give you a call three months and six months after your clinic appointment, and record your voice.
3. **Health Monitoring:** We will use NHS records to monitor your health.

By joining, you can help us find new ways to keep brains healthy as we age. We will let you know about current recommendations to maintain brain health.