

Short participant information leaflet

IRAS reference number: 325272



Funded by:

Your research team is
from:

Scan for the PLINTH video



We invite you to take part in the PLINTH feasibility study

Please read this summary, which will help you decide. One of our team will go through this information leaflet with you. They will help you decide whether you would like to take part and answer any questions you may have. This should take about 10 minutes.

This leaflet summarises the purpose of the research study and what will happen if you take part. If the summary interests you, the research team will spend more time discussing the study with you.

Do ask if anything is unclear. You can find information about how to contact us in the materials that we provide for you.

Please feel free to talk to your nearest relative or friends about this research study if you wish.

Joining this research study is entirely up to you. Your decision will not affect the standard medical care that you receive.

Here is a diagram describing this research study



You have had a stroke due to a brain haemorrhage



Your doctor confirmed that you're eligible for this study



The research team is inviting you to take part. You have time to decide, ask questions and get answers.



You get standard medical care if you do or don't take part



If you agree to take part, we will:

- Gather some **information from your electronic health records** and keep it confidential.
- Ask you to **sign a consent form**.



If you sign, we'll include you in the PLINTH feasibility study



Interview you or your nearest relative for around 15 minutes, **3 days** after you give consent



Interview you or your nearest relative for around 15 minutes, **14 days** after you give consent



Monitor your electronic health records to see how you get on and keep the information confidential

Why are we inviting you to take part?

- You've had a stroke due to bleeding in your brain, known as 'intracerebral haemorrhage' or 'brain haemorrhage'.

Why are we doing this research study?

- **Standard care for people with brain haemorrhage** involves doing things that can help them. For example, brain scans can show the cause. Also, care in a hospital Stroke Unit improves the chance of recovery. Research studies showed us that this standard care helps people with brain haemorrhage. But despite standard care after brain haemorrhage, death or disability are common.
- **We want to improve recovery** after brain haemorrhage by doing more research. Future studies might investigate things that we already do – but only for some people, or in some hospitals – because we're not sure if they work. They might also investigate new tests or treatments.
- Because **many different things may help**, in future we want people with brain haemorrhage to be able to access them all in one study, called a 'platform study'. We are planning a PPlatform study for INTracerebral Haemorrhage, known as PLINTH for short. A platform study of several treatments gets results quicker than doing lots of separate studies. But we haven't started PLINTH yet. First we want to find out whether people would be willing to take part.

What does this PLINTH feasibility study involve?

- **We'll provide more detailed information that is tailored to you** about brain haemorrhage, your care, and this study. This information can be shared on screen, on paper, or by email. It will cover the type of brain haemorrhage, the care you have received, and options for your care. We'll also ask whether you would, in theory, be willing to consider taking part in a platform study of the current options for your care.
- We'll **gather information** from your health records securely and confidentially and **monitor** them to see how you do.
- We'll **interview** you or your nearest relative twice, for around 15 minutes **at 3 days and at 14 days** after you give consent.
- We'll ask whether you or your nearest relative could complete a short survey about quality of life after brain haemorrhage.
- The **benefits** of this research are that it will provide you with information and an opportunity to ask questions. It will help improve care provided for other people with brain haemorrhage in future. We can send you a summary of the results at the end of the study.
- The **risks** of taking part in this research are low. You may find the information about brain haemorrhage distressing, but the clinical and research teams will support you. The interview might be difficult to take in, but we will go at your own pace or we can talk to your nearest relative. We will take care to keep your data strictly confidential.
- You are **free to withdraw at any time**, without giving a reason.

Thank you for reading this information and considering taking part.