



Laila Kjellstrom will spend her 81st birthday climbing Ben Vrackie, Pitlochry, to raise money in aid of vascular dementia research.

Vascular dementia affects around 150,000 people in the UK. It can cause changes to mood, personality and behaviour. It can also cause disorientation and confusion. And it can cause difficulty walking and keeping balance. These problems can make previously simple daily activities increasingly difficult. There's currently no cure for vascular dementia and although treatment can help, vascular dementia can significantly shorten life expectancy.

It has a devastating impact not only on the person affected, but also on their friends and family.

Here at the University of Edinburgh we are working hard to better understand vascular dementia and in doing so improve the outcome for people diagnosed with this debilitating disease.

Ben Vrackie reaches 841 m (2,759 feet) high at its summit and offers stunning views of Pitlochry and surrounding glens.

Laila will traverse Ben Vrackie on Friday 4th June - her 81st birthday - to raise money in aid of vital research.

You can help too by donating to her JustGiving page today at
www.justgiving.com/campaign/Laila



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